Nefesh Mountain Bio

New York based Progressive Americana band Nefesh Mountain has been hailed as one of the formative boundary-pushing ensembles in roots music. The band's creators and dynamic husband and wife team of Eric Lindberg and Doni Zasloff have created a world and sound all their own; blurring the lines between Americana, Bluegrass, Folk, Jazz and Blues with a masterful hand as songwriters, instrumentalists and composers alike. The band, declared *“A Powerhouse Unit”* by **Rolling Stone** and *"Introspective lyrics and world class musicianship”* by **American Songwriter,** takes the listener on a deeply personal journey that embodies their own wild nature and unbridled free spirits,  bridging compositional prowess and prolific songwriting with deft instrumentals and jams.

Since their formation nearly a decade ago, Nefesh Mountain has been proudly open and vocal about their background and heritage as Jewish Americans, and are among the first preeminent Americana / Bluegrass bands to infuse Jewish tradition and soul into the beautifully diverse tapestry of American roots music. For them the music is wholly American, freely expressing their own identities while at the same time addressing the hate, discrimination, anti-semitism and racism that still remains at large in America and the World today.  
  
The band has recorded and shared the stage with **Sam Bush**, **Jerry Douglas**, **Bryan Sutton**, **John Doyle**, **Noam Pikelny** (Punch Brothers), **Mark Schatz** (Bèla Fleck, Nickel Creek), **Mike Gordon** (Phish) and **Tony Trischka** among others. The Troubadours along with their band continue to forge new paths in unknown territory, armed with Zasloff and Lindberg’s strong, smokey, and folksy vocals and Lindberg’s soulful and masterful skills on guitars and banjo alike.

Doni and Eric are on road year-round with their baby Willow and the Nefesh Mountain band; **a collective of** Bassists, drummers, and multi-instrumentalists including Thomas Cassell, Maddie Witler, Korey Brodsky, Dylan McCarthy, Ben Plotnick, Avery Merritt, Julian Pinelli, Dan Klingsberg, Noah Fishman, Erik Alvar among others

In 2021 they made their debut at **The Grand Ole Opry** in Nashville, TN and in recent years have performed various Festivals, PACs, and countless venues including Mountain Stage, Merlefest, Wintergrass, Ossipee Valley, Kaw River Roots, Thomas Point Bluegrass, Multiple City Wineries, and many more. Through the years Nefesh Mountain has officially showcased and been a proud member of AmericanaFest, Folk Alliance, and the IBMA.

Eric Lindberg is proudly sponsored by Deering Banjos, Bourgeois Guitars, and Thompson Guitars.

Press Quotes:

*“A Masterclass in string music, A Powerhouse Unit”*

* **Rolling Stone**

*“Thoughtful, introspective lyrics and world-class musicianship.. forging new paths in the grand ol’ world of bluegrass”*

* **American Songwriter**

*“The sound is crisp, clear and magical.. the music is perfection”*

* **No Depression**