

It's 5:15 in the morning in an historic apartment building in downtown Charlottesville called The Pink Warehouse. Lauren and Daniel Goans, who you will know as the married, world-traveling, singer/songwriting folk duo Lowland Hum, are making their fourth full-length record, *Glyphonic*, in their studio apartment on the top floor. On top of a bookshelf above the window, there's a plastic bin collecting black water that drips through a crack in the roof. The reason the Goanses are awake so early is to track guitars for their new album before the rest of Charlottesville rises. They'll continue to track throughout the day, taking breaks only by force of noise intrusions: construction, trucks, and the quaking of the entire building as trains pass on the tracks within an arm's reach of the back stoop. These early morning hours will prove dramatically valuable for the quiet they afford.

As the world has continued to grow louder around them, Lowland Hum have spent their career refining the particular power of their self-imposed restraint. *Glyphonic* is the purest distillation of this thesis to date, setting about the difficult work of finding stillness and meaning in the midst of chaos: a collection of quietudes created and savored among all this present noisiness.

*Glyphonic* is Lowland Hum's fourth full-length record of original material following 2017's *Thin*. The band has spent the last two years on the road in both the US and Europe with the likes of Josh Ritter, Penny and Sparrow, and The Oh Hellos. Over an expansive career they've earned critical praise from NPR, Paste, Huffington Post, American Songwriter, The Washington Post and more. 2019 will bring a headlining tour in support of the new album.